

Invite your friends — Let's create memories together! We can't wait to welcome you!

**SOMERS
TOWN
YOUTH
CENTRE**

A Place for the Whole Community!

134 Chalton Street
London, NW1 1RX

Camden Integrated Youth Support Service

YOUTH EARLY HELP

Helping young people to succeed

HAF Summer 2026 Programme

For more information, please email
or use this QR code to register
Joanne : 07769 235 260
Catherine : 07827 859 417



Hot Meal
will be provided
(Tuesday to Friday)



aged 12 to 19 and up to 25 with SEND

Some activities may change. Wheelchair access entrance and facilities. Please contact the team for further information.

Week 1 (3rd August - 7th August)

Week 2 (10th August - 14th August)

3rd August	4th August	5th August	6th August	7th August	10th August	11th August	12th August	13th August	14th August
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:45pm-8:15pm	2:30pm-8:00pm	2:30pm-8:00pm	2:30pm-8:00pm	2:00pm-6:00pm	10:00am-4:00pm	2:30pm-8:00pm	2:30pm-8:00pm	2:30pm-8:00pm	2:00pm-6:00pm
• Music taster session: lyrics and mic confidence • Pool, table tennis and team challenges • Choose Your Move: decision-making challenge • Please sign up for the summer programme if you have not done so yet.	• Interactive darts tournament trip • Multi-sports challenge: dodgeball, basketball, football skills and relay games	• MHST Wellbeing Workshop and Games • FWD substance misuse advice • Cake decorating tasters • Dear future me workshop: Message to my future self • Youth Advisory Group Training (Crowndale Centre)	• Water activity trip • Confidence, teamwork and positive challenge • Healthy snack making • T-shirt or tote bag design • CV and Job Application Lab for young people who want support (by appointment)	• MHST Wellbeing Games and Information • Smoothie Bar Challenge: create and name your smoothie • Multi-sports challenge	• First Aid Accredited course • Money Moves: budgeting, saving and avoiding money traps • Pool, table tennis team games • Cooking: £5 Meal Challenge	• Ice skating trip • Do Something Good Day: community kindness project • Beat the Worker Challenge: staff versus young people games • Chill and Check-In Space • Fundraising and enterprise activity at Camden Market	• MHST Wellbeing Workshop/Games • FWD substance misuse advice • Youth Forum Pizza and Talk • Young people's manifesto wall • Bake-Off • Music: creative voice session • Youth Advisory Group Training (Crowndale Centre)	• Aqua Splash water activity • A Level, AS and T Level Results Day Support Space • Evening games, music, health/fitness • Food, chill space and youth worker support	• MHST Wellbeing Games and Information • Football skills and fitness games • Side Hustle Starter: ideas, pricing, branding and selling safely • Sports Day at Regent's Park

Where inclusive fun meets learning and connections last a lifetime



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Week 3 (17th August - 21st August)

Week 4 (24th August - 28th August)

17th August	18th August	19th August	20th August	21st August	24th August	25th August	26th August	27th August	28th August
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:00pm-4:00pm 5:45pm-8:15pm	2:30pm-8:00pm	2:00pm-8:00pm	2:30pm-8:00pm	2:00pm-6:00pm	5:45pm-8:15pm	2:30pm-8:00pm	2:30pm-8:00pm	2:30pm-8:00pm	TBC
- Football training at Astro Pitch and 5-a-side games and mini tournaments (2pm - 4pm) - Boxercise and fitness challenge - Cooking: Around the World Food Night	- Bowling trip - Social time and confidence building - Beat the Worker Challenge - STYC Quiz and Team Challenge - Cupcake/biscuit decorating - Fundraising and enterprise activity at Camden Market	- Football training and 5-a-side games - MHST Wellbeing Workshop and Games - FWD substance misuse advice - World Photography Day Project - Youth Advisory Group Training (Crowndale Centre)	- GCSE Results Day Support Space - College, sixth form, apprenticeship and training conversations - Connexions one to one support - Flip Out activity - Positive celebration and youth worker support	- Football training and 5-a-side games - MHST Wellbeing Games and Information - Interview Confidence Booth - Healthy Relationships Games - Smoothie Bar and chill space	- Youth Forum Pizza and Talk - Plan Your Own Trip Challenge - Young people help shape autumn activities - No Oven Cooking Challenge - Custom T-shirt or Tote Bag Design - Music studio and spoken word	- Go-karting, over 14s only - STYC Quiz and Team Challenge - Speak up games: confidence, debate, quick speeches and positive communication - Lemonade stall: fundraising and enterprise activity at Camden Market	- MHST Wellbeing Workshop and Games - FWD substance misuse advice, harm reduction and one-to-one support - Leadership and public speaking - Celebration Bakes - Youth Advisory Group Training (Crowndale Centre)	- Summer Celebration Night: food, music and quiz - Photo display/reflection wall: My summer, my story - what did you gain this summer? - Young people's feedback wall - In-centre film night - Recognition, belonging and positive memories	- End of summer community Barbeque - Staff and young people reflect on summer achievements - Next steps: autumn youth centre opportunities

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