

Invite your friends — Let's create memories together! We can't wait to welcome you!

# SOMERS TOWN YOUTH CENTRE

A Place for the Whole Community!

134 Chalton Street  
London, NW1 1RX

Camden Integrated Youth Support Service

# YOUTH EARLY HELP

Helping young people to succeed

For more information, please email  
joanne.peet@camden.gov.uk  
Mobile : 07769 235 260



## HAF Summer 2025 Programme



aged 12 to 19 and up to 25 with SEND

Some of the programmes might be changed. Please contact the team for further information.

### Week 1 (28th July - 1st August)

### Week 2 (4th August - 8th August)

28th July	29th July	30th July	31st July	1st August	4th August	5th August	6th August	7th August	8th August
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:30pm-8:30pm	1:30pm-8:30pm	1:30pm-8:30pm	1:30pm-8:30pm	1:30pm-5:30pm	1:30pm-8:30pm	1:30pm-8:30pm	1:30pm-8:30pm	1:30pm-8:30pm	1:30pm-5:30pm
<ul style="list-style-type: none"><li>Onsite activities / outside multi sports</li><li>Healthy eating AQA</li><li>Stay fit and healthy gym – AQA</li><li>Music workshop</li></ul>	<ul style="list-style-type: none"><li>Trip – Grippd</li><li>London Zoo family trip – for young people supported in our one to one work</li><li>Onsite activities / outside multi sports</li><li>Gardening project</li></ul>	<ul style="list-style-type: none"><li>Onsite activities / outside multi sports</li><li>Talacre sports centre</li><li>Baking – shortbread biscuits</li><li>Connexions career advice</li></ul>	<ul style="list-style-type: none"><li>Trip – ST Andrews lakes</li><li>Onsite activities / outside multi sports</li><li>Arts / crafts</li><li>FWD Substance misuse advice</li><li>Stay fit and healthy gym – AQA</li></ul>	<ul style="list-style-type: none"><li>Onsite activities / outside multi sports</li><li>Brook sexual health awareness workshop/ advice</li></ul>	<ul style="list-style-type: none"><li>Summer university Women' self defence 10:30-3pm</li><li>Basketball 11-1pm</li><li>Football 2-4pm</li><li>Onsite activities / outside multi sports</li><li>Pitch opening</li><li>Launch visit to nw5 project</li><li>Healthy eating AQA</li><li>Stay fit and healthy gym – AQA</li><li>Music workshop</li></ul>	<ul style="list-style-type: none"><li>Trip – Lakeside Aqua Park</li><li>Summer university Women' self defence 10:30-3pm</li><li>Basketball 11-1pm</li><li>Football 2-4pm</li><li>Onsite activities / outside multi sports</li><li>Gardening project</li></ul>	<ul style="list-style-type: none"><li>Summer university Basketball 11-1pm</li><li>Football 2-4pm</li><li>Onsite activities / outside multi sports</li><li>Talacre sports centre</li><li>Baking – cupcakes</li><li>Fund Raising / volunteering</li></ul>	<ul style="list-style-type: none"><li>Trip – walk over the O2</li><li>Summer university Basketball 11-1pm</li><li>Football 2-4pm</li><li>Onsite activities / outside multi sports</li><li>FWD Substance misuse advice</li><li>Arts / crafts</li><li>Stay fit and healthy gym – AQA</li></ul>	<ul style="list-style-type: none"><li>Summer university Basketball 11-1pm</li><li>Football 2-4pm</li><li>Onsite activities / outside multi sports</li><li>Brook sexual health awareness workshop/ advice</li></ul>

Where inclusive fun meets learning and connections last a life time

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### Week 3 (11th August - 15th August)

### Week 4 (18th August - 22nd August)

11th August

MONDAY

1:30pm-8:30pm

- Onsite activities / outside multi sports
- Regents Park
- Healthy eating
- Stay fit and healthy
- Gym — AQA
- Music Workshop

12th August

TUESDAY

1:30pm-8:30pm

- Trip — Go karting
- Onsite activities / outside multi sports
- Gardening project
- Baking project

13th August

WEDNESDAY

1:30pm-8:30pm

- Onsite activities / outside multi sports
- Art/ crafts
- Talacre sports centre
- Baking project
- Connexions career advice

14th August

THURSDAY

1:30pm-8:30pm

- Trip - Cardrome
- Onsite activities / outside multi sports
- FWD Substance misuse advice
- Arts/crafts
- Stay fit and healthy gym — AQA

15th August

FRIDAY

1:30pm-5:30pm

- Onsite activities / outside multi sports
- Brook sexual health

18th August

MONDAY

1:30pm-8:30pm

- Onsite activities / outside multi sports
- Healthy Eating
- Stay fit and healthy gym — AQA
- Music Workshop
- First Aid accreditation course

19th August

TUESDAY

1:30pm-8:30pm

- STYC — coral Reef
- Onsite activities / outside multi sports
- Gardening project

20th August

WEDNESDAY

1:30pm-8:30pm

- Onsite activities / outside multi sports
- Fund Raising / volunteering
- Arts/crafts
- Talacre sports centre
- Baking CSU

21st August

THURSDAY

1:30pm-8:30pm

- STYC Trip
- Go Karting
- Stay fit and healthy gym — AQA
- FWD Substance misuse advice

22nd August

FRIDAY

1:30pm-6:00pm

- Big Family Trip To Southend
- Centre closed evening

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### Week 5 (25th August – 29th August)

25th August

MONDAY

CLOSED

BANK HOLIDAY

WE ARE  
CLOSED

26th August

TUESDAY

5:30pm-8:30pm

Evening youth  
work session  
including gym,  
healthy cooking,  
music, arts, fun &  
games

•  
Outside sports  
activities

27th August

WEDNESDAY

5:30pm-8:30pm

Evening youth  
work session  
including gym,  
healthy cooking,  
music, arts, fun &  
games

28th August

THURSDAY

5:30pm-8:30pm

Evening youth  
work session  
including gym,  
healthy cooking,  
music, arts, fun &  
games

29th August

FRIDAY

5:30pm-8:30pm

Evening youth  
work session  
including gym,  
healthy cooking,  
music, arts, fun &  
games

•  
Outside sports  
activities



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