

## THINK TWICE BEFORE YOU POST

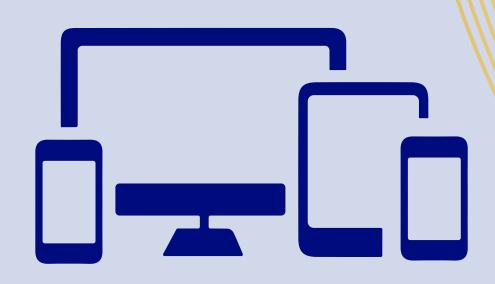
Social media feels casual, but everything you post leaves a digital footprint. Remember, future colleges, employers, or even family might see it. If you wouldn't say it to someone's face, don't post it online.



## BEWARE OF SCAMS

Not all content on social media is trustworthy. Being wary of suspicious messages, links, and accounts is necessary. Taking time to verify sources before engaging can help avoid scams and protect personal information.





## BE CAREFUL WHO YOU TRUST

Not everyone online is who they claim to be. Avoid sharing personal info with people you haven't met in real life. If something feels off, trust your instincts —block, report, and stay safe.



## RESPECT OTHERS ONLINE

Online behaviour reflects personal character. It's important to communicate respectfully, even during disagreements, and avoid contributing to negativity. Reporting or speaking out against bullying and harmful behaviour helps create a safer and more positive digital environment.