

## **Shayara Ahmed's Manifesto: Empowering our future, securing our dreams**

I'm Shayara Ahmed, a 15-year-old from Camden, passionate about making a positive impact in our community. Whether it's volunteering at the local community centre, organising school events, or speaking out on important issues, I'm always eager to get involved. You'll often find me collaborating with the school's debate team or hosting cultural events. I've even had the chance to share my ideas at events like the Jack Petchey Speak Out Challenge and interview potential new teachers for various roles in our school. Now, I'm excited to announce my candidacy for Camden Youth MP. If elected, I'll be a strong voice for young people in our community, advocating for positive changes. My enthusiasm for our community and the future of our youth has led me to run for this position, and if elected, I will prioritise improving social care and youth health by:

- **Enhancing Youth Opportunities in Careers and Community Engagement**
  - Expand youth apprenticeships and internship opportunities.
  - Increase availability of activities combining work experiences and volunteering.
  - Provide hands-on training, mentorship, and real-world work experience.
  - Develop essential qualities like leadership and teamwork.
- **Prioritising free youth activities to support mental health:**
  - Ensure comprehensive mental health support, providing accessible counselling, therapy, and support programmes to help young individuals navigate challenges, develop resilience, and foster well-being.
  - Provide free gym memberships for all youths to promote physical well-being, remove financial barriers, and encourage healthy lifestyles, fostering self-confidence, discipline, and overall well-being through access to fitness facilities alongside mental health support.
  - Organise youth events, awards, and showcases to celebrate their achievements, promoting their overall well-being and success through community support and recognition.
- **Promoting Equity and Well-being through Free School Meals for ALL Students**
  - Pushing for free hot meals for all students.
  - Create a level playing field and foster inclusivity.
  - Address food insecurity and promote physical well-being.
  - Enhance concentration, academic performance, and overall health.
- **Youth Sports and Recreation Enhancement**
  - Upgrade existing sports facilities.
  - Develop new facilities where needed such as more youth centres.
  - Ensure accessibility for all youth.
  - Support youth sports programmes and leagues.

**For more information, feel free to reach out to me on...**



**@shayarafor youthmp/+**