

Self Defence

&

MMA Fitness

AGES
FROM 11-
16 YEARS

Please sign up on the QR code
below or contact

DETACHED
YOUTH
TEAM
ON
CONTACT:
07879803988



6:30PM TO
7:30PM

starting from
Friday 6th November 2026

Address:
Highgate newtown
community centre
30 Bertram Street, London,
N19 5DQ

Gain an
AQA
Qualification

5
Free
Sessions

Free
of
Charge

In partnership with



Camden