

Planning Together Meeting

Wednesday 26th January 2022

1. Welcome and Introduction

2. CLDS Updates

Social Care Update

New permanent Social Worker started in CLDS, her name is Sheila Corcoran

From 1st Feb, Camden Carers Centre will be completing Carers Assessments for CLDS for people without an allocated worker, and who receive no services; small packages of care; or people receiving day services and/or respite care only.

Health Update

Patsie Leaning, Psychologist, has now left Camden. We are currently recruiting to her replacement. Rebecca Mason, Head of OT, will shortly be going on maternity leave.

COVID-19 rules will change from tomorrow. It will no longer be a legal requirement to wear a mask or show a COVID-19 passport.

We still advise you to wear a mask in crowded spaces, such as public transport

Commissioning Update

See presentation on the [Planning Together website](#)

Sal Bryant is a Commissioning Manager. She will be going on a 1-year secondment as the new ASC Equalities, Diversity & Inclusion Project Manager in Camden.

Louise Roberts has joined the team as a new Commissioning Support Officer. She will be supporting Planning Together going forward and will be the key contact.

We will also have another Commissioning Support Officer joining the team soon as well as a Commissioning Manager.

3. Living a Good Life

Growth and Progression Model of Support

Magda has been leading on this project. She has started to meet with managers of our provider services to speak to them about the Growth model.

The growth model is about working with people in a way that supports them to think about the things they want to do in life and how providers and people who support them can break down goals into small steps that will help them achieve their goals.

Magda will be attending HealthFest in June, she will have her own stall to talk to people about the Growth model.

Group Discussion

Q. Sandie asked; how can we make sure this actually leads to us doing something and not just talking about it?

Magda said she completely agrees. We need to get everyone working the same way. It's my job to ensure everyone is working in the same 'growth model' way. I am facilitating the process; it will be your support workers who will be working directly with you achieve your goals.

Q. Debora asked; will achieve certain goals impact on support CLDS give people?

A. If someone is eligible for support then they will be able to access this support.

Q, Jill asked; what is the Manifesto?

A. The [Synergy Manifesto](#) is the video Synergy made that talked about what they want from the Living a Good Life Project. Synergy said they want us to '*all work together to make sure there is a joined up way of helping us all to do the things we want*'.

Q. Sandie asked; what if you don't have a support provider?

A. The first conversation would be with your support provider, talk about what you want and what can be done differently. If you need more support, your worker can talk to CLDS. If you don't have a support worker you can talk to the voluntary organisations in Camden that help organise activities such as Unity Works, Centre 404 and Elfrida Rathbone.

If you think you need support to find out about activities, then contact CLDS's First Contact team on 202 7974 3737 and they can help you find out about activities and opportunities across Camden and London.

Activities and Opportunities Planning Group

See presentation from Catherine Schreiber on the [Planning Together website](#)

"People with learning disabilities in Camden will be supported to live a good life in the way they want, with friendships, personal growth and having a values place in society as its core"

Andrew noted that day service colleagues are really keen to get the online portal up and running and they will be able to support with keeping information up to date.

Group Discussion

Q. Sandie asked; some people can't get online and will prefer face to face contact. How can these people access the information on the online portal?

A. This won't suit everyone. It could be something a support worker/ carer could access on someone's behalf. You may also be able to access the Activities and Opportunities Planning Group or speak to the First Contact team.

Q. Sandie asked; if you don't have a support worker, how can you access the Activities and Opportunities Planning Group

A. Get in touch with First Contact and they can see what can be done. The Activities and Opportunities planning group is a very intensive process and not everyone will need that level of support to work out what activities and opportunities will work best for them. Most people will be able to do this with their existing support provider or through a conversation with a worker from CLDS or CYPD.

Q. Maria asked; how much work is going on with young people leaving school/college? Could wikis start at that point?

A. We have been using wikis and the Alexandra Centre for over 3 years, so every one leaving AC will already have a wiki that they can take with them to the Activities and Opportunities planning group and share with their new providers.

Q. Sandie asked; is there anywhere in Camden that can help people get online?

A. There is lots of support out there. In the first instance, you can ask a family member or support worker to help you. If that is not possible, there are various drop-in services and courses available in Camden run by providers such as CDA and Unity Works. Camden's Adult and Community Learning Team used to run courses at Greenwood before the pandemic, so hope they will be restarting these.

Person Centred Plans and Wikis

See presentation from Richard Lohan on the [Planning Together website](#)

Wikis were designed for people with LD but won't work for everyone

We have been using these with the Alexandra Centre and have been working with them to create wikis for college leavers.

We will also be piloting this with other providers, starting with the LD day service at Greenwood. Providers who are interested in using wikis should speak to Richard. CLDS will fund the wiki licenses for people known to CLDS.

Synergy presentation

See presentation from Synergy on the [Planning Together website](#)

What is important when making a person-centred plan?

- Choice
- It should include things that are important to the person
- Plans need to turn into action
- Plans need to work for people all of their lives.
- Plans need to be seen.
- Plans need to be shared
- Plans need to be checked
- Plans should be for everyone

Group Discussion

Q. Sandie asked; who will be able to see the wiki?

A. The wiki is owned by the person and can be kept by a 'keeper' who is usually a person they are close to (e.g. family member, support worker). Only the person and the keeper can edit the wiki.

The owner and keeper can chose to give people, such as support workers or social workers, access to the wiki. They can also remove it, for example if a worker leaves.

Q. Mary asked, how do people use this? What if they can't use a tablet?

A. Wikis have been designed to be easy and accessible. If someone is unable to use a tablet, a support worker/ family member could support them to do this.

Q. Laurance asked; how can people get access to a wiki?

A. Camden have a number of licenses to create wikis. Get in touch with Richard if you want a license and training can also be provided.

4. Topic for the next meeting

Topics suggested:

- Social Value

- Climate action – What are we doing in Camden to keep it as green as possible. Speaker to attend and talk about sustainability.
- **Digital Inclusion - Agreed for April (will need a double slot)**
- **Safeguarding strategy feedback – Agreed**
- ***Cost of living and Benefits* - Agreed, perhaps for July meeting**
- Covid and getting back out and about –
- Supported living, the relationship between the provider and landlord.
- **Hospital appointments/ inequalities.** Invite LD Liaison Nurses. Not being able to access appointments and not being treated well. **Agreed for July meeting**

5. AOB

April meeting will be held at the Greenwood Centre and will also open to people to join from home via Zoom.