

**Camden Sports and Physical Activity Team
October Half Term Holiday Activities - 2020**

Context

1. Active Wednesday

2. Kilburn Grange Outreach Programme

3. October Half-term Girls Get Moving Monday

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1. Active Wednesday

Active Wednesdays is **FREE** and available for young people aged 11-17 years old on Wednesday 28th October during the school holidays. From 16:00pm - 18:00pm at Talacre Community Sports Centre.

Date & Time: Wednesday 28th October **16:00pm – 18:00pm**

Location: Talacre Community Sports Centre

Price: FREE

Enjoy Wednesday during the school holidays by being active with your friends. With loads of new and fun activities to choose from such as; Trampolining, Cricket, Tennis, Table Tennis, Football, Basketball and many more.

There is no cost to attend and is all **FREE**. To register and be able to attend this session you will need to attend with your local youth club. Please contact your local Youth Centre for more information **or** alternately please contact Shaun.taylor@camden.gov.uk.

2. Kilburn Outreach Holiday Programme

Enjoy your Half term holidays with your friends outside at Kilburn Grange Park MUGA's. With fun games and multi-sport activities available for young people during the Half Term Holidays:

Ages: 8 – 16 years old

There is no cost to attend and is all **FREE**. To register and to be able to attend this session you will need to attend with the Netherwood Youth Club, please contact the Netherwood Youth Centre (Kilburn) for more information or alternately please contact Shaun.taylor@camden.gov.uk.

Date & Time: Monday 26th **16:00pm – 18:00pm**

Location: Kilburn Grange Park MUGAs (Multi Use Games Area)

Price: FREE

3.October Half-term Girls Get Moving Monday

Girls Get Moving is an opportunity for girls aged 8 to 14 years old to get active. A safe place to socialise and make new friends, develop and learn new skills and most of all to have fun whilst taking part in their favourite activities. Activities include Trampolining, Football, Mini Tennis, Table Tennis, Badminton, Fun Games and much more.

This year's Girls Get Moving activities have been adapted to ensure they meet government advice and provide a safe, positive, fun environment.

Activities will include a variety of fun adapted activities including: table tennis, badminton, mini tennis, trampoline, fitness, football, fun games.

All levels and abilities will be catered for and activities are supervised by qualified coaches.

Shade and shelter areas will be provided outside on the pitch and access to indoor facilities and activities will be available in the event of poor weather conditions.

Activities will follow Public Health England's guidelines for Sports and Physical Activities

Date: Monday 26th October

Times: 4.30-6pm

Price: FREE

Number of places: maximum of 20 places available

Parent Information. Changes to the 2020 Girls Get Moving programme:

- Children will be split into a bubble when they arrive and will remain in that group, for the day to help conform with social distancing and government guidelines
- There will be a one way system put in place to help young people follow social distancing guidelines in communal areas including activity areas and toilets

Children will need to bring with them:

- A named bag for children's belongings.
- Named water bottle (no fizzy drinks and glass bottles not permitted)
- Healthy snack
- Participants should wear sports kit and trainers, bring a sun hat and waterproof jacket.
- Participants should come in their sports kit as there will be no access to changing facilities on the day.
- Long hair should be tied back
- Socks are required for trampolining
- No jewellery

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- Parents are encouraged to ensure children leave valuables at home. There will not be access to lockers and we will not be able to take responsibility for any valuables.

How to book:

- Please follow and complete this [Online booking form to register for each child attending.](#)
(Date will be removed for booking at 11 am on the day of session / as we have limited spaces it is advised you book early to avoid disappointment)
- The registration form will then be received by Camden Sport and Physical Activity Team
- The team will contact you to confirm:
 - that your child has a place & has been added to the register for your requested dates available
 - to discuss any added additional needs to ensure that we can look after your child.

You will receive user guidelines with information on where to drop off and pick up your child with the confirmation email.

Address: Talacre Sports Centre, Dalby Street, Kentish Town, NW5 3AF
Email: kirsty.pealling@camden.gov.uk or jenny.mungroo@camden.gov.uk
Tel: 0207 974 6294 / 2022
